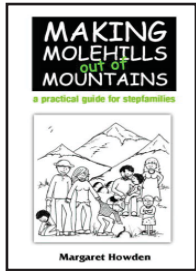




### Making Molehills Out Of Mountains: A Practical Guide for Stepfamilies - Margaret Howden



Margaret Howden, teacher, psychologist, family counsellor and herself a stepfamily member, has drawn on her professional and personal experience to write a book that will help make sense of stepfamily dynamics.

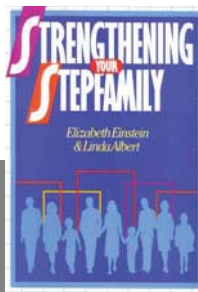
Written for stepparents, and single parents who repartner, Making Molehills out of Mountains examines common behaviours and reactions from various family members, and provides practical and optimistic plans to ease the journey towards unity and resilience. Myths and stereotypes such as “wicked stepmother” are re-examined in the light of current knowledge.

Practical advice is offered for: communication, stress - management, determining responsibilities, money and legal issues, helping grandparents and step-grandparents.

SAVI's Participants in Making Stepfamilies Work Courses use this as the course resource book.

### Strengthening Your Stepfamily - Einstein & Albert

Einstein and Albert cover comprehensively and with sensitivity, the many issues facing stepfamilies.



### Split Ends: Teenage Stepchildren - Ruth Webber



Ruth Webber's book helps teenage stepchildren to understand stepfamily life and to find ways to make it happier. No simple solutions are given, but Webber offers ranges of options that other teenagers have tried and found worked. Teenagers are advised to give their new family a go, to allow time for things to settle down, to speak up when unhappy, to look for advantages that a stepfamily

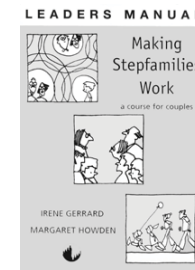
can bring, and to improve relationships with stepparents and stepsiblings.

### Hell....p! I'm a Stepmother - Sonja Ridden

Author Sonja Ridden, herself a step-parent, experienced therapist and counsellor, begins by telling us a little of her own personal experience of being a stepmother. It is always interesting to hear another's views on a subject close in importance to one's own, and yet highlights that each of us as individuals, and each stepfamily's situation is unique to itself though there may be similar points of reference.



### Leaders' Manual: Making Stepfamilies Work - I. Gerrard & M. Howden

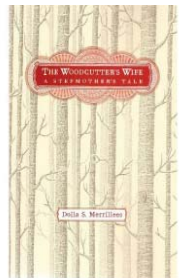


This manual is clearly set out and easy to use. The introduction outlines information necessary for successful running of the Making Stepfamilies Work – Workshop for Group Leaders. Each session includes a warm up exercise, mini talks and experiential exercises to facilitate learning. Clear instructions for background reading, any specific

preparation required for each session, teaching materials and handouts to photocopy are all specified. Used successfully in Australia and New Zealand.

### The Woodcutter's Wife - Dolla S. Merrillees

Honest, beautifully acerbic, witty, hair-raising and heartwarming, The Woodcutter's Wife is no fairytale: it's the warts'n'all story of a woman who doesn't have all the answers; of a little boy coping with rejection and a painful past riddled with drugs; and of the idea that maybe a stepfamily can become a real family after all.



Special offer: Making Stepfamilies Work Leaders Manual plus Making Molehills out of Mountains (recommended reading for participants) \$99.00 posted anywhere in Australia (incl GST) \*See ORDER FORM